

Zone 5 inner

Section 19 : Hounslow West to Hayes & Harlington

Distance: 3.48 mi, 5.57 km

Introduction

This is a short and fairly uneventful section. It is a mixture of roads and off-road.

There is a pub in Cranford.

Directions

Turn right out of Hounslow West Station, then right along Vicarage Farm Road.

Take the footpath on the left, before no. 2.

Bear right onto a residential road.

At the T junction turn left.

Take the second right, Hurn Court Road.

Cross Springwell Road, and carry on beside the A4 towards the traffic lights.

Cross the road on your left, and bear right towards the roundabout.

Go round the roundabout clockwise, crossing the A30 and A4.

Turn left alongside the A4, then immediately take the footpath on the right.

At the T junction turn left.

At the end, bear left along a residential road.

Follow the road round a right bend.

At the end turn left.

Take the first turning right. (Or carry straight on to reach a pub in 2 minutes.)

Just before the end, turn left, then keep straight ahead until you reach another road.

Turn right along it.

Take the first left, Church Road.

At the end, carry on along a cycle track.

Bear right under a flyover, then right under another one, then left under another one.

Ignore a footpath sign that points into the vegetation on the left, but instead carry on along the cycle track beside the dual carriageway.

Just before a large green traffic sign, there is a gate in the wooden fence on the left. Go through it.

Before the ground descends steeply, turn right, and carry on through the woodland parallel to the dual carriageway.

The path is not very obvious. Eventually it bends left and descends steeply by a natural archway.

Keep following the path until it comes out at a footbridge.

Go over it and turn right.

Follow the path alongside the river, and then carry on along a minor road after a kissing gate, briefly joining the London Loop.

Go straight on at the traffic lights, leaving the London Loop.

Turn left into Nestles Avenue.

At the end, turn right, and you will shortly come to Hayes & Harlington Station on the right.